



## Market News

The National Stock Exchange has announced changes in expiry day of its contracts which will come into effect from January 1, 2025, said the stock exchange in a circular dated November 29.

FINNIFTY, MIDCPNIFTY, and NIFTYNXT50's monthly contracts will expire on last Thursday of the expiry month. While BANKNIFTY's monthly and quarterly contracts will expire on last Thursday of the expiry month. Earlier, BANKNIFTY's monthly and quarterly contracts expired on last Wednesday of expiry month. While, FINNIFTY, MIDCPNIFTY, and NIFTYNXT50's monthly contracts expired on Tuesday, Monday, and Friday of every expiry month.

The circular also said that there is no change in expiry day for NIFTY monthly, weekly, quarterly, and half-yearly contracts. Caratlane founder Mithun Padam Sacheti and Siddhartha Sacheti purchased 1.74 lakh shares each (1.75 percent each) of Arihant Foundations & Housing Ltd each at a Rs 685 per share in a block deal on November 29. Monet Securities Private Ltd sold 3.48 lakh shares of Arihant Foundations & Housing Ltd in

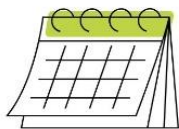
two tranches of 1.74 lakh shares each. Bulk deals

Rajasthan Gases Limited sold 1.1 crore shares in Gujarat Natural Resources Limited for an average price of Rs 24.53 per share. As of September, Rajasthan Gases Limited had a 16.94 percent stake in the company. While, Ravi Omprakash Agrawal bought 1.1 crore shares in Gujarat Natural Resources Limited for the same price. Supermarket chain Patel Retail raised Rs 15 crore from several investors in a pre-IPO placement last week. Usually, companies launch pre-IPO placement before filing the red herring prospectus with the Registrar of Companies. Patel Retail allocated 5 lakh shares to 44 investors in the pre-IPO placement on November 27.

"Pursuant to the resolution of the board of directors and shareholders dated October 24 and November 23, respectively, the company has approved the pre-IPO placement of 5 lakh equity shares for cash at a price of Rs 300 per share, amounting to Rs 15 crore," said Patel Retail in a notice published in business newspapers.

## Corporate Action

Corporate Action	Company	Type & Percentage	Record Date	Ex-Date
Bonus	<u>Rajoo Engineers</u>	Bonus Ratio 1:3	02-12-2024	02-12-2024
Bonus	<u>Wipro</u>	Bonus Ratio 1:1	03-12-2024	03-12-2024
Splits	<u>Diamond Power</u>	Splits Ratio 10:1	03-12-2024	03-12-2024
Splits	<u>TARACHAND</u>	Splits Ratio 10:2	05-12-2024	05-12-2024
Splits	<u>Eraaya Life</u>	Splits Ratio 10:1	06-12-2024	06-12-2024
Dividend	<u>Indo US Bio-Tec</u>	Dividend (Rs.) 0.25	03-12-2024	03-12-2024
Dividend	<u>Can Fin Homes</u>	Dividend (Rs.) 6.00	04-12-2024	04-12-2024



### Result Calendar

DATE :- 03-12-24

COMPANY NAME :  
PUNJAB COMMUNICATIONS LTD.

## Nifty Fut in Last Week:-

As we saw the Price Movement in Nifty fut in last week that In Upside is 24380.00 and in Downside 23837.95.



NIFTY WEEKLY CHART



BANKNIFTY WEEKLY CHART

## Nifty Fut in Upcoming Week:-

Nifty down side 23800 is strong support up side if cross 24450 then we can see 24700 level possibility.

## Bank Nifty fut in Upcoming week:-

Bank Nifty down side 51200 is strong support up side 53000 strong resistance level.

## Recommendation for next week

Serial No.	Stock Name Cash segment	Above Below/Add HOLD	CMP as on 30.11.2024	Trail SL	Buy Stop loss	Sell Stop loss	Target
1	IDFCFIRSTB(BUY)	ADD 63-60-55	64		50		80
2	RADICO (BUY)	HOLD 2335	2457	2340			2600
3	MCLEODRUSS(BUY)	CMP 38	38		31.50		80

# Commodity Market

**NATURAL GAS CMP (284):-** Investors can buy in deep with sl 250 up side if cross 307 level then we can see target 349 possibility.



**CRUDEOIL CMP (5811):-** Investors can sell rise with sl 6050 down side target 5500 to 5300 possibility.

**SILVER CMP (91150):-** Down side 86000 is 200ema support if close not below this level then we can see 92000 to 94000 level.



**GOLD CMP (76400):-** sell on rise trend down side 71700 level is 200ema support up side 78776 is strong resistance.

## **7 Stoic Principles to Adopt Now for Financial Success (PART : 2)**

Presented by Holly Burns , we have taken this article from <https://www.newtraderu.com/2024/10/31/7-stoic-principles-to-adopt-now-for-financial-success/>. Stoic Philosophy has always been full of wisdom and practical lessons. It is worth reading and implementing in our life

### **6. Prepare for Adversity**

Stoicism teaches us to anticipate and prepare for life's inevitable challenges rather than being caught off guard when they arise. This principle manifests as a proactive approach to risk management and emergency preparedness in personal finance. One of the most critical steps in building financial resilience is establishing an emergency fund – a pool of easily accessible cash that can cover unexpected expenses or income disruptions. Setting aside three to six months' worth of living expenses allows us to create a vital safety net that helps us weather financial storms without resorting to high-interest debt or compromising our long-term goals.



## 7. Prioritize Virtue Over Wealth

While Stoicism does not discourage the pursuit of financial success, it places a higher value on living a life of virtue and purpose than on the mere accumulation of wealth. This principle reminds us that money is ultimately a means to an end, not an end in itself.

By aligning our financial goals with our core values and beliefs, we can ensure that our pursuit of wealth does not come at the expense of our integrity, relationships, or personal well-being. We can use our resources to create positive change, support our loved ones, and contribute to the greater good.

### Case Study: From Impulse to Intention

Gina, a talented landscape architect, found herself constantly stressed about her financial situation. Despite her successful career, she often struggled to make ends meet and felt overwhelmed by the pressure to keep up with her peers' lifestyles. Gina's impulsive spending habits and lack of long-term planning left her feeling trapped in a cycle of financial anxiety.

One day, a friend introduced Gina to the principles of Stoicism and how they could be applied to personal finance. Intrigued, she began studying philosophy and realized that her financial well-being was within her control. By focusing on her actions and attitudes rather than external factors like market fluctuations or social comparisons, Gina felt empowered to take charge of her financial life.

Gina started by practicing gratitude and contentment, learning to appreciate the simple joys in her life rather than constantly seeking material fulfillment. She also began to embrace long-term thinking, setting clear financial goals and creating a plan to achieve them through disciplined saving and investing. By educating herself about personal finance and seeking guidance from trusted sources, Gina developed a deeper understanding of managing her money effectively.

As she incorporated Stoic principles into her financial decision-making, Gina found that her relationship with money began to shift. Instead of feeling controlled by her finances, she now saw money as a tool to support her values and aspirations. By aligning her spending and saving habits with her core beliefs, Gina discovered a sense of purpose and clarity that extended far beyond her bank account balance. With a newfound sense of financial resilience and contentment, she felt prepared to navigate life's challenges and opportunities with grace and wisdom.

### Key Takeaways

- Focus on what you can control in your financial life, such as your savings rate, spending habits, and investment choices.
- Cultivate contentment and gratitude to resist impulsive spending and enjoy simple pleasures.
- Embrace long-term thinking in financial planning, setting clear goals, and maintaining a patient, disciplined approach.
- Practice self-discipline and delayed gratification to build financial stability and resist short-term temptations.
- Continuously educate yourself about personal finance, investing, and economics to make informed decisions and adapt to changing circumstances.
- Prepare for adversity by establishing an emergency fund, reviewing insurance coverage, and creating contingency plans.
- Prioritize virtue over wealth, align your financial goals with your core values, and use money to live a purposeful life.
- Cultivate a resilience, contentment, and purposeful mindset in your relationship with money.
- Find fulfillment in the present moment while still planning for the future.
- Measure true financial success by the quality of your thoughts, actions, and relationships rather than solely by the size of your bank account.

## Conclusion

Embracing Stoic principles in personal finance is not about following rigid rules or forgoing all material comforts. Instead, it is about cultivating a mindset of resilience, contentment, and purpose in our relationship with money.

By focusing on what we can control, practicing gratitude, embracing long-term thinking, and aligning our financial goals with our values, we can navigate the challenges of the modern economic world with greater clarity and confidence. We can find joy in the present moment while still planning for the future and using our resources to live a life of meaning and virtue

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